

# Hestóvin Stables Therapeutic Riding Center Scholarship Fund

Hestóvin Stables Therapeutic Riding Center is dedicated to ensuring our services are accessible to everyone who can benefit from them. Our scholarship program is designed to assist individuals with financial need by helping cover the cost of adaptive riding and on-ground equine lessons. While the actual cost per lesson per rider is approximately \$150, we are able to charge just \$60 thanks to the generous support of those who value our mission.

We work tirelessly to raise funds and seek partnerships that enable us to offer these transformative experiences at a significantly reduced cost.

There is no greater gift than empowering someone to experience the profound health and wellness benefits of equine-assisted activities. Supporting our scholarship program is a meaningful way to create lasting, positive change in the lives of individuals in our community who turn to Hestóvin Stables for growth, healing, and connection.



## How to Support

If you are interested in supporting our scholarship fund, we would love to connect with you. Please reach out to us at [deanri@hestovinstables.org](mailto:deanri@hestovinstables.org) or call us at (616) 228-4140. Your support helps us continue making a difference in the lives of those we serve.

We believe in the power of the horse to *teach, inspire, and heal.*

## HESTÓVIN STABLES

THERAPEUTIC RIDING CENTER

As a 501(c)(3) non-profit, Hestóvin Stables relies on the generosity of donors to ensure that we can continue to provide these life-changing services to our community. When you support us, you're not just helping to keep the stable doors open—you're contributing to the well-being of children, adults, and families who rely on therapeutic horsemanship as a vital part of their journey toward healing and personal growth.

1217 East Paris SE, Grand Rapids, MI • [www.hestovinstables.org](http://www.hestovinstables.org)

## Start your journey toward wellness today.

Nestled in serene Grand Rapids, Hestóvin Stables offers transformative equine experiences through therapeutic riding and on-ground lessons with majestic Icelandic horses.

Our programs foster emotional, mental, and physical healing for all ages. We also deeply value community support—donations help expand access to life-changing therapies for individuals in need.

**BY APPOINTMENT ONLY  
616-228-4140**



# BVM Wins Three GLOBEE® Awards for Leadership and Best in Biz Awards Gold Winner



Kevin O'Brien

We're proud to announce BVM has won three awards in this year's GLOBEE Awards for Leadership!

CEO Kevin O'Brien was recognized in the CEO of the Year competition while BVM was awarded in the Business Philanthropist of the Year and Achievement in Brand Development Leadership categories.

In addition, Best Version Media CEO Kevin O'Brien has been named the Gold Winner in the Executive of the Year category in the 12th Annual Best in Biz Awards International, the only independent global business awards program judged by prominent editors and reporters from top-tier publications worldwide.



## Fun Facts About Horses

### Hearts

A horse's heart weighs approximately 9 - 10 pounds and is about the size of a large cantaloupe. With each heartbeat, a typical adult horse pumps approximately one liter (about 4 cups of blood).

### Candy

Horses like sweet flavors and will usually reject anything sour or bitter. But just like your dog friends, horses are sensitive to the chemical found in chocolate called theobromine. This makes chocolate toxic to horses and dogs!

### Kisses

Horses produce approximately 10 gallons of saliva a day! (One gallon is a big jug of milk.)

### Cute Couples

A zebroid is a cross between a zebra and any other equine (Equidae) family member (donkeys, ponies, and horses). A zony is a cross between a zebra and a pony. A zonky is a cross between a zebra and a pony. A zorse is zebra and a horse.

### Skips A Beat

The average resting heart rate in a well-conditioned horse is typically between 32-40 beats per minute, while the heart rate at a full gallop can exceed 240 beats per minute.

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