# Hestóvin Hoofbeats

WE BELIEVE IN THE POWER OF THE HORSE TO TEACH, INSPIRE, AND HEAL.

#### WHAT'S NEW?

March was Reading Month! We pulled out the horses library cards and invited our friends to come to the barn to Read-to-a-Horse! Our readers were excited to read to Gunnar, Sær, Tatari, Glóa, and Jörda and our horses were excited to have their readers share their favorite books with them.

Our monthly Read-to-a-Horse program starts in June and continues through September. Join us for the reading fun! Please register to let us know you are coming by going to our website under the **EVENTS tab.** 



#### **BOOKS! BOOKS! BOOKS!**

Do you gather books like you gather friends?

We have two Book Chats at the barn! Come join us to chat about books! We have a book chat on the third Tuesday on the month at 10:00am, led by Donna Gardner, donna.m.gardner@gmail.com and we have a second book chat on the third Friday of the month at 6:00pm led by yours truly, lbhuizenga@mac.com.

Please contact us if you are interested in the book chats and we will add you to the reminder email list. It is a 'no-pressure' book club! If you like books and you like to be at the barn, you will LOVE our book chats! Bring friends, the more the merrier!



## **VOLUNTEER ORIENTATION**

Fri, April 11th 3:30 pm - 4:30 pm @Hestóvin Stables

Please Register

https://docs.google.com/forms/d/e/1FAlpQ LSeLiTZ9x9ZBm\_YSbVGSeJyRlp0sqVN9by5VS mUKsWkGkYqWOg/viewform



## MINDFULNESS WORKSHOP

Thursday, April 17th 5:30 pm - 7:00 pm @ Hestovin Stables \$75 pp

Please Register https://hestovinstables.org/event/mindfuln ess-workshop-2025-2/2025-03-20/



#### **EASTER EGG HUNT**

Saturday, April 19th 10:30 am - 12:00 pm @Hestóvin Stables Donations Appreciated

https://hestovinstables.org/event/easter-egg-hunt-2025/



## Lake Michigan Credit Union

A big thank you to our across the street neighbors, Lake Michigan Credit Union!

We received a \$5000 grant from our friends at LMCU to fully fund our new Books and Bridles Reading Program!!! This will be a 15 week, once a week program for students in Gerald Dawkins Elementary school. They will spend 20-25 minutes riding a horse and then 20-25 minutes reading leveled readers, one to one with a volunteer and then off to read to a horse. I am especially excited to get back to my reading materials and put on my Reading Specialist hat!



#### HORSES IN THE MOMENT

Today's world can be overwhelming, and it's easy to become disconnected from ourselves, from nature, and from each other. Spending time with horses can help us slow down and reconnect with our capacity for mindful awareness.

Join us to learn from the best! Find out what the horses can teach you in our peace, comfortable barn and arena.  $\begin{tabular}{ll} \hline \end{tabular}$ 

Every third Thursday of the month, 5:30 - 7:15pm.

Cost: \$75 pr

Please register on our website under the  $\underline{\text{EVENTS tab}}$  Space is limited.



## GLOW-IN-THE-DARK SPRING HIKE

Saturday, April 19th 5:30 pm - 7:00 pm @ Hestovin Stables Donations Appreciated

Please Register https://hestovinstables.org/event/glow-inthe-dark-spring-hike-2025/



#### Mothers' Day Tea

Saturday, May 10th 3:00 pm - 4:30 pm @ Hestovin Stables Donations Appreciated

Please Register https://hestovinstables.org/event/mothersday-tea-2025/









## HORSE CAMP - ON GROUND

Come and hang out with the horses for a week! For four mornings, we'll be engaging in games, art, exciting riding activities, and more!

- Open to the Public (ages 6-12)
- Cost: \$150/camper
- Capacity: Limited to 6 participants
- Registration Deadline: May 23

Please Register

https://hestovinstables.org/event/on-ground-equine-camp/

# Save the Date! Family Carnival!









## **Registration Needed for All Events**

# DONATE TODAY

It is your generosity that ensures our programs remain resilient and accessible for all who need them. Thank you for considering a donation.