ISSUE #6 APRIL 1, 2023

Hestóvin Hoofbeats

WE BELIEVE IN THE POWER OF THE HORSE TO TEACH, INSPIRE AND HEAL.

On-Ground Lessons

Groundwork lessons are designed to focus on equestrian skills such as horse care, grooming, tacking, and leading. The face-to-face, hands-on interactions develops a bond and relationship with a horse which studies have shown to improve our health and well-being.

On-Ground Spotlight Elliot

Ellie has been coming to the barn for on-ground lessons for two months now. She has developed close bonds with Sær and Glóa. She has learned horsemanship skills and her relationship with the horses has grown quickly. She is calm and quietly confidently and assertive with her equine friends! Ellie tells us, "I like coming to the barn because it is really relaxing after a long day at school. I also love horses so that makes it even better. My favorite thing to do is to lead Sær around the riding arena. Sær is my favorite horse because he is a lot like me. He is calm and when he's confused he just takes a few steps back to understand what's going on."

Upcoming Events

Easter Egg Hunt April 8 10:00am-11:00am

Next Volunteer Orientation April 14 3:30 - 5:00pm



The herd is delighting in the cool, sunny weather as they explore new pastures at the farm. They love the taste of the new spring grass and napping in the sun.

Curious about Hestóvin Stables? We share our story to interested groups! Laura offers a one hour presentation about our stable, our horses, our mission, and the ways we are impacting our clients and community.

To schedule a presentation, email info@hestovinstables.org

To register for an upcoming event, click on EVENTS on our website: hestovinstables.org

The Hestóvin Team (616) 228-4140

Office Hours

Monday - Thursday 9:00am - 12:00pm and 2:00-5:00pm

Friday - 9:00am - 12:00pm