**ISSUE 14** 3-5-2024

## Hestóvin Hoofbeats

WE BELIEVE IN THE POWER OF THE HORSE TO TEACH, INSPIRE, AND HEAL.

## **VOLUNTEER SPOTLIGHT: HANNA BRONZ**

Hanna began volunteering at Hestóvin Stables in November and we are thrilled to welcome her to our Volunteer Team! Hanna works as a Horse Leader and a Side-walker during lessons and also stays longer to help with barn chores! Hanna tells us, "I enjoy volunteering at Hestóvin because I know how impactful horses can be for people's mental and physical health! I appreciate meeting new students and seeing familiar faces each time I come to the barn".



## **ICELANDIC HORSES FUN FACT:**

Icelandic horses come in many different colors and patterns that make them a unique breed. The most common colors are chestnut, black, or bay and the most rare is the colorchanging roan. There are over 100 different recognized color variations, each with its own Icelandic name.

> Please email or call us to find out more about our new workshops or to schedule.

- **Equine Assisted Learning (EAL)**
- **Horses in the Moment Mindfulness Workshops** info@hestovinstables.org (616) 228-4140

Save the Date!

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2nd TÖLT AND SOLD! AUCTION



September 5, 2024 September 5, 2024 September 5, 2024



HORSES IN THE MOMENT March 21. 5:30-7:15pm **Cost: \$75** Ages 17 and older, Maximum 10 spots available



ORIENTATION March 8, 3:30-4:45pm Please register @ hestovinstables.org/ volunteer/

**VOLUNTEER** 



**EASTER EGG HUNT** March 30, 11:00-12:30pm Where did the herd hide the Easter eggs this year? Bring an easter basket and go searching for the eggs!