



Hestóvin Hoofbeats

We believe in the power of the horse to teach, inspire, and heal.



From the Hjarta (heart)

Horses' Stay-cation

Vacation for the horses has come to an end. The herd has enjoyed their three month time off from the important and hard work they do at Hestóvin Stables immensely! It was much needed for the equine. And they are chomping at the bit to get back to work! Therapeutic riding lessons are starting back up again!! Heard amongst the herd:

"Best vacation ever!" — Jörda

"Rest is good for the soul!" — Sær

"I feel like a new horse!" — Gunnar

"Best place in Grand Rapids to work on your tan." Glóa

"Staff takes care of your every need!" — Tatari

"Get out in nature and rejuvenate!" — Ídill

All six horses gave us a five star rating!



And Ídill gave us a  for the fresh hay, grain, vitamins, and salt licks!



Hearts and Hooves Luncheon

Thank you to everyone who joined us for our lunch! It was so wonderful to see old friends and meet new friends. Our old friends learned all about our new property improvement and the new programs we are beginning this fall. And our new friends learned about all the lives we are impacting here. 75% of those who attended were new friends to Hestóvin Stables. We love sharing all the good news happening here!

Summer Equine Camp

Our four day morning on-ground camp has come and gone. We had a great group of campers aged 6-12, girls and boys. The morning was filled with horses, horsemanship skills, art, yard and relay games on the equicizer, snacks, taking a horse for a walk, an obstacle course, scavenger hunt, assembling horse cookies, a special Noelle appearance, a visit from one of the ponds snapping turtles, and much more! New friendships were made with other campers and the horses.

Laura



PHOTOS: Fireworks at the barn. Read to a Horse. Equine Camp. EGR Parade. All 6 horses are a year older. Movie Actor and Producer

Upcoming Events

Summer Equine Riding Camp

July 10, 17, 24, and 31

9:30am - 12:00pm

Horses in the Moment

July 20; 5:30pm - 7:15pm

SAVE THE DATE!

HESTÓVIN STABLES

SUMMER CARNIVAL

JULY 25, 2026

11:00am - 3:00pm



Horse Human Connection - Harmony

The connection between horses and humans is deeply rooted in biology and energy. As prey animals, horses are highly attuned to their surroundings, and their electromagnetic fields interact with ours. When we approach a horse with a calm presence, their steady rhythms can help regulate our own heart rate and nervous system, creating a sense of harmony. It seems a bit mystical and magical but there is much scientific research behind this subtle exchange, driven by innate biology, is what makes the horse-human connection so uniquely healing.

Barn Tours

Are you interested in learning more about Hestóvin Stables? Would you like to meet our six Icelandic horses up close? We have barn tours every Tuesday morning from 9:00am - 11:00am. Contact us to set up a date!

Summer Carnival

Join us! We are still in need for more volunteers! This is our biggest community event and we need at least 60 volunteers to make it run smoothly. Will you please consider? Contact Cierra!

Partners in Purpose

Did you know we have a monthly donor program called HestStars? With as little as \$15 per month, you can provide an entire week of breakfast (grain) and dinner (nutritious hay) for one horse.

It's a simple commitment with a lasting impact.

If you feel called to be part of this work, we would love to connect with Deanri at deanri@hestovinstables.org

EGR Fourth of July Parade

We had a ton of fun marching in the East Grand Rapids Parade! We have big plans for next year's parade!



Please register for our events on our website: www.hestovinstables.org, under **EVENTS**. This holds a spot for you at the event. We strongly recommend this because space is limited and spots fill up quickly.