



Hestóvin Hoofbeats

We believe in the power of the horse to teach, inspire, and heal.



From the Hjarta (heart)

Outdoor Arena

Our new outdoor arena is finished! We are thrilled to have this beautiful space to use for our horses! We will be seeding grass around it and putting a final layer on the driveway to the back garage and to the horse trailer this month. The outdoor arena is already being used by Chloe, Cierra, and Emily for training and exercising the horses. Until we can have a roof covering it and half walls around it, it is not safe to use for student riding lessons. We are working hard to raise funds for this necessary next step.

Mother's Day Tea

Moms and Grandmas felt special and celebrated as we sipped hot tea and juice from fine china tea cups and nibbled sweet treats. Each honoree went home with a smile, a beautiful flower-bedecked hat, and a carnation.

Meet Ella

Ella has been a regular volunteer for the past 3 months helping us in the office, in the barn and with the horses. She has recently slid into working part time at Hestóvin Stables for the summer while Emily is in Phoenix at her CTRS (Certified Therapeutic Recreational Specialist) internship.

Laura

From our Volunteer Coordinator, Cierra:

"Shout out to our incredible Wednesday Group Volunteers! Every Wednesday morning, four amazing groups come together to help care for our barn and horses: David's House Ministries, MOKA, King's Table, and Hope Network.

From dusting, sweeping, and mucking stalls to grooming our horses and helping with weekly maintenance, their hard work helps to keep our facility running smoothly and our horses happy. Beyond the barn, they also take part in meaningful community-focused activities like preparing for weekend events and writing encouraging cards to individuals in rehab hospitals and veteran communities. We are so grateful for the dedication, kindness, and positive energy these groups bring each week. Thank you for making such a difference in our barn and beyond!"

Barn Tours

Are you interested in learning more about Hestóvin Stables? Would you like to meet our six Icelandic horses up close? We have barn tours every Tuesday morning from 9:00am - 11:00am. Contact us to set up a date!

Does a Horse Use a Straw? (Kind of!)

When a horse drinks:

- They lower their lips into the water, keeping their nostrils just above the surface so they can breathe.
- Their lips form a seal, and they use their curled tongue (**kind of like a straw!**) and throat muscles to create suction.
- Water is drawn into the mouth, then swallowed in steady gulps.
- Unlike dogs (which lap) or cats (which flick water upward), horses don't lap with their tongues. It's more like a gentle vacuum.
- A typical horse drinks 5-10 gallons of water per day! That's 640 to 1,280 fluid ounces. Compare that to what ideally we are supposed to drink: 64 oz!



Rescued Hearts - Part 1 and Part 2

Celebration Cinema North

June 26, 6:00pm - 8:00pm

This powerful documentary beautifully captures the healing connection between horses and humans, and the life-changing stories that unfold at the barn. Please join us to be inspired, encouraged, and reminded of the hope that is possible when hearts are restored.

We are anticipating this will be a sold-out show.

Tickets are \$15.00. Because this is a private screening, tickets are available only at Hestóvin Stables.



Wednesday Group Volunteers



Staycationing Horses



Mothers' Day Tea



Ella



Idill is such a big boy we had to get a new saddle that would fit him!

Read to a Horse Summer Kick Off

June 1; 3:30pm - 4:30pm

Hearts and Hooves Luncheon

June 12; 12:00pm - 1:00pm

Donuts With Dads

June 20; 10:30pm - 12:00pm

On-Ground Equine Camp

June 22-25; 9:00pm - 12:00pm

Upcoming Events

SAVE THE DATE!
HESTÓVIN STABLES SUMMER CARNIVAL

JULY 25, 2026

11:00am - 3:00pm



Please register for our events on our website: www.hestovinstables.org, under EVENTS. This holds a spot for you at the event. We strongly recommend this because space is limited and spots fill up quickly.