

Hestóvin Hoofbeats

WE BELIEVE IN THE POWER OF THE HORSE TO TEACH, INSPIRE, AND HEAL.

WHAT'S NEW?

The horses now have an additional pasture to enjoy on the farm. This area, which runs alongside our south driveway and East Paris Ave., offers them a refreshing change of scenery. Typically, the herd can be spotted in this "front" pasture during the afternoons. If you're passing by East Paris, take a moment to check it out!



VOLUNTEER ORIENTATION

Fri, March 14th
3:30 pm - 4:30 pm
@Hestóvin Stables

Please Register

https://docs.google.com/forms/d/e/1FAIpQLSeLiTZ9x9ZBm_YsBVGSeJyRlp0sqVN9by5VSmUKsWkGkYqWOg/viewform

MINDFULNESS WORKSHOP

These workshops are 1 ½ hours long, filled with on-ground activities with you and the horses at liberty in the arena. You will learn from the horses how mindfulness techniques can help us live in the present and mature moments of joy daily.



MINDFULNESS WORKSHOP

Thursday, March 20th
5:30 pm - 7:00 pm
@ Hestovin Stables
\$75 pp

Please Register



<https://hestovinstables.org/event/mindfulness-workshop-2025-2/2025-03-20/>



HORSE CAMP - ON GROUND

Come and hang out with the horses for a week! For four mornings, we'll be engaging in games, art, exciting riding activities, and more!

- **Open to the Public** (ages 6-12)
- **Cost:** \$150/camper
- **Capacity:** Limited to 6 participants
- **Registration Deadline:** May 23

Please Register

<https://hestovinstables.org/event/on-ground-equine-camp/>

EASTER EGG HUNT

Saturday, April 19th
10:30 am - 12:00 pm
@Hestóvin Stables
Donations Appreciated

Please Register

<https://hestovinstables.org/event/easter-egg-hunt-2025/>



GLOW-IN-THE-DARK SPRING HIKE

Saturday, April 19th
10:30 am - 12:00 pm
@ Hestóvin Stables
Donations Appreciated

Please Register

<https://hestovinstables.org/event/glow-in-the-dark-spring-hike-2025/>

Registration is required for ALL events.

Save the Date!
FAMILY CARNIVAL
July 26, 2025

Come one, come all! A good time to be had by all! Something for everyone!

Bouncy House! Pony Rides! Cotton Candy! Ice Cream! Carnival Games and Prizes!

Dunk Tank! Fire Truck! Police Car! Cake Walk! Face Painting! Goats! Authors!

AND MORE!



DONATE TODAY

Contributions to Hestóvin Stables Therapeutic Riding Center ensure that our mission of offering therapeutic horsemanship remains resilient through all times. Your support will enable children and adults to have the opportunity to experience the emotional, mental, cognitive, social and physical benefits of guided interactions with Icelandic horses for years to come.

CLICK TO MAKE A DONATION

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