

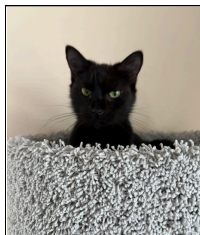
Hestóvin Hoofbeats

We believe in the power of the horse to teach, inspire, and heal.

Staff Spotlight

Robbie, Our Office Cat Says "Hi!"

Robbie is our all black bundle of love who lives in our office. He is as sweet as they come. Robbie loves visitors, chin scratches, and sunny windowsills. But loud noises make him jumpy so you can often find him curled up in his favorite quiet spot – high on his cat tree. For his safety, he stays inside the office (busy street out front) so stop in to say hi to Robbie.



July Recap

A Special Day with the Down Syndrome Association of West Michigan

Last Saturday, our barn was filled with laughter, creativity, and a whole lot of horse love as we welcomed the Down Syndrome Association of West Michigan for a special two-hour camp. Campers enjoyed hands-on time with our horses – decorating them with colorful chalk art, guiding them through a fun obstacle course, scavenger hunting for safari ducks, and even playing a giggle-filled giant ice cube melting game. It was a joyful day of connection, teamwork, and unforgettable smiles for both campers and horses alike!



Garden Update: Farm Fresh Vegetables

We have a bumper harvest of tomatoes! And we delight in sharing our bounty. Drop in the office to bring home the most flavorful tomatoes you have had this summer.

Keep Reading!

Mark off your Reading BINGO card!

Need a Reading BINGO card? Stop in and pick one up!

Save The Date

SEPTEMBER 19; 12:00 PM - 1:00 PM

Please join us for our 1st Annual Luncheon benefitting Hestóvin Stables Therapeutic Riding Center!

Upcoming Events - August

Sensory Trail and Volunteer Potluck - August 16, 9:30 - 3:00

We are erecting a sensory trail! A sensory trail is a peaceful, winding path designed to engage riders' senses and build confidence. Our summer interns, Cierra and Jenna have designed an amazing interactive trail! In fact, they created not one, but **two** sensory trails to inspire confidence and connection and encourage balance, focus, and relaxation. One will be for mounted riders, and the other is designed for on-ground experiences. Both will feature sights, sounds, smells, textures, and gentle challenges that spark curiosity and engage every sense – all in the safe, nature-filled setting of our property.

Horses in the Moment: August 21, 5:30pm-7:15pm

These evenings are centered around activities with the horses at liberty and will focus on learning about what we can learn about living in the present from the mindfulness experts themselves, the horses! Mindfulness techniques can help us to live in the present and capture moments of joy daily.

SUMMER CARNIVAL FUN! MARK YOUR CALENDARS FOR JULY 25, 2026



Please register!

Please register for our events on our website: www.hestovinstables.org, under EVENTS. This holds a spot for you at the event. We strongly recommend this because space is limited and spots fill up quickly.

**NEXT VOLUNTEER ORIENTATION
SEPTEMBER 12; 3:30 - 4:30**

