

Hestóvin Hoofbeats

We believe in the power of the horse to teach, inspire, and heal.



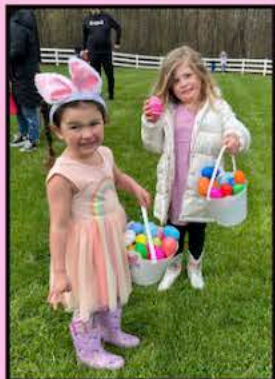
From the Hjarta (heart)

Spring is Here!

How do we know? It's shedding season! In the spring, Icelandic horses shed their thick, double-layered winter coat, which can grow up to 4-5 inches long, to prepare for warmer weather. This intense shedding process, triggered by **increasing daylight** and reduced melatonin production, replaces the dense, insulating undercoat and long outer guard hairs with a short, sleek, and flat summer coat. The shedding process can leave the horses looking somewhat scruffy during the transition phase.

Rescued Hearts Movie: We are excited to tell you we have rented a larger theatre for this movie! We sold out of the tickets for the original sized theatre! If you were not able to get tickets on our website, try now! Let's fill this bigger theatre up!

Happy Spring! Happy Easter!!



Laura



Do Horses Need Vacations?

Yes, horses need breaks from training and their "work" to maintain both physical and mental well-being!



The Hestóvin herd will be starting their three month "vacation" this Friday. And the word amongst the horses is, "It can't come soon enough!" They have worked hard! Any time a horse is not in the pastures grazing and just being horses, they are working hard, mentally and physically. Their (relatively) small brains need time to process what they are asked to do and their muscular bodies need recovery time.



The horses will spend the three months here, being turned out in our beautiful pastures; grazing, interacting with the herd as a herd, basking and baking in the sunshine, and relaxing. This time off will prevent burn out, and allow them to rest muscles, heal injuries, and process their training. They will be rarin' to go when lessons start up in the fall.



Barn Tours

Are you interested in learning more about Hestóvin Stables? Would you like to meet our six Icelandic horses up close? We have barn tours every Tuesday morning from 9:00am - 11:00am. Contact us to set up a time!

Upcoming Events

Easter Egg Hunt

April 4; 10:30am - 12:00pm

Volunteer Orientation

April 10; 3:30pm - 4:45pm

Rescued Hearts Movie

April 16; 6:00pm - 7:30pm

Horses in the Moment:

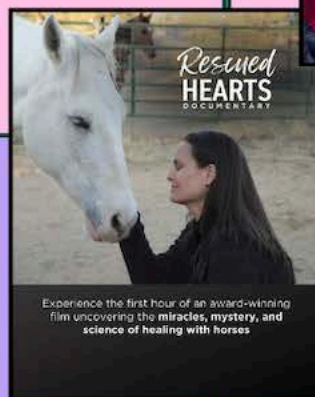
April 20; 5:30pm-7:15pm

SAVE THE DATE!

HESTÓVIN STABLES SUMMER CARNIVAL

JULY 25, 2026

11:00am - 3:00pm



Experience the first hour of an award-winning film uncovering the miracles, mystery, and science of healing with horses

RESCUED HEARTS MOVIE

Please join us for a special premier showing of this inspiring documentary! We have contracted with the producer and director of Rescued Hearts to offer a private showing to our Hestóvin Stables' friends and families! I had the opportunity to see this movie, part 1 and part 2 last October in Devner at the PATH Intl Conference. I highly recommend! It is a beautiful, moving, well done, and may I say magical film showing the horse human connection. Cost is \$15. Tickets are limited. Celebration Cinema North April 16, 2026

Doors Open at 6:00pm - Movie Starts at 6:30pm