

# Hestóvin Hoofbeats

WE BELIEVE IN THE POWER OF THE HORSE TO TEACH, INSPIRE, AND HEAL.



**FUN FACT:**  
Icelandic horse fur  
can grow up to  
four inches for the  
winter months.

## ON-GROUND SPOTLIGHT - CHARLIE PENNEY

Can you see and feel the “horse - human” connection in this picture that Charlie has with Tatari? Charlie also has a special connection with Glóa. “I like how Glóa listens to what I tell her and how loyal and happy Glóa is to see me when I come to the barn.” Charlie tells us he also likes how peaceful it is at Hestóvin Stables and that he thinks the horses are very sweet and cuddly! (And they are getting even more cuddly as they grow their Icelandic winter coats!). The Fantastic Five are getting their new wardrobes ready as they transition from their summer coats to their winter coats.

**IF YOU’RE THANKFUL AND YOU KNOW IT,  
SHOUT “I AM!”**

“**I AM!**” We have so very much for which to be thankful here at Hestóvin Stables and at the top of our list is **YOU!** May your hearts be filled with gratitude and love this month.

## WHAT’S NEW! MEET AUBREY BOEREMA!

We are thrilled to welcome Aubrey to our Hestóvin Stables team! From Aubrey: “I’ve worked as a therapist in rehab, assisted living, adapted sports, psychiatric services, and more! I founded and am the Executive Director & Lead Therapist at an equine assisted therapy program in 2014 that has grown leaps and bounds and serves over 150 individuals annually. It is currently on hold, and I’m so happy to be part of the Hestóvin team!

Please visit our website to read Aubrey’s full bio!



**VOLUNTEER ORIENTATION**  
November. 10th, 3:30am-4:30am



**FURRY FRIENDSGIVING**  
November 18, 10:00am-11:30am



**13YULE LADS**  
DECEMBER 2 OR DECEMBER 3,  
11:00am-12:30pm



**CHRISTMAS CAROLING with  
the HORSES and CHARITY  
BLESSING**  
DECEMBER 23, 9:00am-10:30am